

### Date and Location

The **2<sup>nd</sup> Mediterranean Indoor U23 Championships** will be organised on 22 January 2023 in Valencia, Spain, in the indoor hall Velodrom Lluís Puig.

### Programme

The programme includes the following 16 events:

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| <ul style="list-style-type: none"><li>• <b>Men</b> : 60m, 400m, 800m, 1500m, 60m hurdles, High Jump, Triple Jump and Shot Put</li><li>• <b>Women</b> : 60m, 400m, 800m, 1500m, 60m hurdles, Pole Vault, Long Jump and Shot Put</li></ul> |
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The **Timetable** and the **Team Manual** will be available by 20<sup>th</sup> December 2022 at the latest.

### Participation

Only athletes aged at least 18 years and not more than 22 years on 31 December of the year of the competition may participate to the Mediterranean Indoor U23 Championships

For the **2023 Mediterranean Indoor U23 Championships**, the athletes have to be **born in 2001, 2002, 2003, 2004 or 2005**.

### Small States

Teams representing a country of less than 50 000 inhabitants can send athletes who are not citizens of this country.

The condition is that these athletes can prove that they are resident and have an athletics license in this country since at least three years without interruption at the date of the competition (official residence permit, signed and sealed by the National Authority) and have no participation to a Continental or World Championships for another country.

### Standards

**A Member Federation may enter one athlete in each event, irrelevant to any standard. If a Member Federation wants to enter a second athlete in the same event he/she must comply with the qualification standards** (Appendix B).

The Member Federation may enter 2 or 3 athletes in each individual event of whom up to 2 may participate.

### Entries

Each Member Federation having the intention to participate to the 2<sup>nd</sup> Mediterranean Indoor U23 Championships, has to send Preliminary Entries on time as well as the Final Entries on time.

<b>Preliminary Entries:            Opening on 15<sup>th</sup> November 2022 and Closing on 30 November 2022</b>
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This should include Member Federation contact for the Mediterranean Indoor U23 Championships, information concerning the stay in Valencia as well as the provisional number of athletes and officials. The anticipated number of athletes per event has also to be sent.

Online Entry Form will be available as indicated above, special communication to be sent later.

**Final Entries:** Not later than 10 (ten) days before the 2<sup>nd</sup> Mediterranean Indoor U23 Championships, each Member Federation shall send to MA a final number of athletes per event, names of athletes and accompanying officials.

Final Entry information shall be supplied in the manner to be prescribed by MA and shall include such details as required by MA, including the names and best performances of each athlete. Final entries will be closed on 12 January 2023.

**Final Entries: Opening on 1<sup>st</sup> January 2023 and Closing on 12 January 2023**

Special communication will be sent later with the Final Entry Forms.

### **Accommodation**

Accommodation for all teams will be organised in Olympia Hotel, Maestro Serrano, 3 – Valencia.

The LOC will cover the full board accommodation cost for 3 nights according to the financial quotas (Appendix C).

Official period is Friday 20 January (arrival) to Monday 23 January (departure).

Extra quota/period will be charged to the Member Federations, at the rate of 100 euros for full board accommodation, per person per day in a twin room (145 euros in a single room).

If you have specific need or request, please contact the LOC.

### **Transportation**

The official airport is **Valencia Manises (VLC)**, located around 8km from the competition and 14km to accommodation site.

The local transfer will be organised according to the needs. Distance between Olympia Hotel and competition venue is 8km

### **Visas**

The countries currently needing a visa to enter to France are: Algeria, Egypt, Kosovo, Lebanon, Libya, Morocco, Palestine, Syria, Tunisia and Turkey.

Countries requiring visas to enter to Spain should obtain them from the Spanish Embassy or Consulate in their country. Visa applications should be made in due time (not later than three weeks before the event). Participants who require a visa should contact the LOC as soon as possible to obtain a special invitation letter and visa application information.

The information required is a full list of participants, containing the surname, first name, date of birth, passport number, date of delivery and expiration as well as position in the team, for of all persons who could potentially be part of the team. The LOC will then send an official invitation letter to proceed with visa.

Holders of valid Schengen visas can freely enter Spain without additional Spanish visa.

Please contact **latest four weeks before the competition:**

**Spanish Athletic Federation (RFEA)** - International Department – Mail: [rfea@rfea.es](mailto:rfea@rfea.es)

### **Contacts**

Mediterranean Athletics Union contact / General Secretariat: [mau@athle.fr](mailto:mau@athle.fr)

RFEA/LOC: [lsaladie@rfea.es](mailto:lsaladie@rfea.es)