



Sunday, 22 January 2023			
11:30	400m	Men	SF
11:45	400m	Women	SF
Sunday, 22 January 2023			
16:00	60m H	Men	SF
16:10	Shot Put	Men	F
16:15	60m H	Women	SF
16:20	Triple Jump	Men	F
16:30	Pole Vault	Women	F
16:35	60m	Men	SF
16:50	60m	Women	SF
17:10	1500m	Men	F
18:00	High Jump	Men	F
17:30	1500m	Women	F
17:40	Long Jump	Women	F
17:45	800m	Men	F
17:55	800m	Women	F
18:10	60m H	Men	F
18:25	60m H	Women	F
18:35	400m	Men	F
18:41	400m	Women	F
18:47	60m	Men	F
18:53	60m	Women	F
19:00	Shot Put	Men	MC
19:06	Triple Jump	Men	MC
19:12	1500m	Men	MC
19:18	1500m	Women	MC
19:24	Pole Vault	Women	MC
19:30	800m	Men	MC
19:36	800m	Women	MC
19:42	60m hurdles	Men	MC
19:48	60m hurdles	Women	MC
19:54	High Jump	Men	MC
20:00	400m	Men	MC
20:06	400m	Women	MC
20:12	Long Jump	Women	MC
20:18	60m	Men	MC
20:24	60m	Women	MC